

17 October 2020

Sacred Heart College  
Omagh

Dear Parent / Guardian,

RE: Confirmed COVID case in SACRED HEART COLLEGE

The Public Health Agency has been notified of a confirmed case of COVID-19 in the Sacred Heart College community. The Public Health Agency has worked with the school principal to undertake a risk assessment to identify people who have been in close contact with the case. These individuals have been advised to stay at home and isolate.

In completing this risk assessment your child has **not** been identified as a close contact in the school setting and does not need to make any change to their usual routine, including school attendance.

The most common symptoms of COVID-19 are recent onset of:

- new continuous cough and/or
- high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia)

If your child, or anyone in your household, develops any of these symptoms, your whole household must remain at home and not go to work, school or public areas. You should arrange testing for the person who has developed symptoms. Testing for all symptomatic individuals in Northern Ireland can be booked at [www.nhs.uk/ask-for-a-coronavirus-test](http://www.nhs.uk/ask-for-a-coronavirus-test) . When the result is known further advice will be available.

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

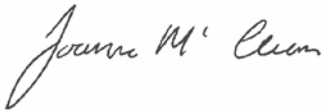
### ***Improving Your Health and Wellbeing***

- Wash your hands with soap and water often – do this for at least 20 seconds
- Use hand sanitiser gel if soap and water are not available
- Wash your hands as soon as you get home
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- Put used tissues in the bin immediately and wash your hands afterwards

### Further information

For further information, please see the Public Health Agency website <https://www.publichealth.hscni.net/covid-19-coronavirus> or contact NHS 111. If your child feels unwell and you are worried about their symptoms or about anyone else in the home, please contact your GP.

Yours sincerely,



Consultant in Public Health Medicine

