

WEEK 4 W/B 20/9, 18/10, 15/11, 13/12	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b>	Vegetable Soup Wheaten Bread or Crusty Roll	Vegetable Soup Curried Cauliflower Soup Wheaten Bread or Crusty Roll	Vegetable Soup Wheaten Bread or Crusty Roll	Vegetable Soup Chicken Broth Wheaten Bread or Crusty Roll	Vegetable Soup Wheaten Bread or Crusty Roll
<b>Main Courses</b>	*Chicken Curry / Rice & Naan Bread *Chicken & Broccoli Bake	*Chicken Stir Fry & Noodles Bang Bang Chicken	*Beef Stew *Roast Chicken / Herb Stuffing	*Spaghetti Bolognese & Homemade Garlic Bread * Fresh Breaded Fillet of Fish or *Salmon Fish Cake Lemon Slice & Tartar Sauce	Chicken Curry / Rice & Naan Bread Fish Taco
<b>Vegetarian Main Course</b>	Vegetarian Pizza	Vegetarian Stir Fry & Noodles	Ciabatta Pizza	Vegetarian Enchilada	Vegetarian Curry / Rice & Naan Bread
<b>Snacks</b>	Bacon Melt Stuffed Bacon Roll Philly Chicken Baguette	*Oven Baked Sausage Hot-Dog H/M Breaded Chicken Goujons Chicken Goujon Sub Roll	Chicken Wrap Steak Burger & Bap Ham & Cheese Panini	Sloppy Joe Steak Burger & Bap Chicken Panini	*Homemade Margherita Pizza *Marinated Chicken Wrap Stuffing & Gravy Curry Sauce
<b>Vegetables &amp; Potatoes</b>	*Garden Peas *Fresh Savoy Cabbage *Mashed Potatoes Baby Boiled Potatoes	*Sweetcorn *Fresh Baton Carrots *Baked Beans *Mashed Potatoes Homemade O/B Wedges	*Fresh Diced Turnips * Fresh Diced Carrots *Mashed Potatoes Dry Oven Roast Potato	*Broccoli Florets *Cauliflower Florets *Mashed Potatoes Baked Potato	*Sweetcorn *Salad Section Baked Beans *Traditional Champ *Chips
<b>Desserts</b>	*Selection of Yoghurts *Fresh Fruit Salad Pots *Lemon Drizzle Cake *Custard	*Selection of Yoghurts *Fresh Fruit Salad Pots *Flakemeal Biscuit *Custard	*Selection of Yoghurts *Fresh Fruit Salad Pots *Chocolate Brownie *Custard	*Selection of Yoghurts *Fresh Fruit Salad Pots Ginger Biscuit	*Selection of Yoghurts *Fresh Fruit Salad Pots *Arctic Roll

Salad & Sandwiches Available Daily

*Fresh Fish May Contain Bones*